

M **This week we will be learning all about ourselves and our families.**

### Understanding the world

- Share with your child Mrs Dimmick's video available on the website showing her 'All About Me' box and discuss with your child what things they would like to put in their own 'All About Me' box..
- Tell your child that when they return to school tomorrow, they will be focusing on getting to know each other better.
- Today support you child in making their very own 'All About Me' box. The box can be a shoe box, a plastic box or even a carrier bag.
- Your child may wish to include:
  - a family photograph
  - a photograph or drawing of a pet
  - an item to show their favourite hobbies, a particular interest, favourite colour or food
  - Items that explain your religious beliefs
  - photos or objects that remind them of special memories.

### Creative and physical development

- Children may decorate their box using resources from around the house and natural resources you can find outside.

### Personal, Social and Emotional Development

- After choosing the items for their box, ask your child to talk through each chosen item. What is it and what does it tell us about them? This talk will prepare your child for later in the week when they talk about their 'All About Me' box in school.

**Important: Usually we would ask for these boxes to be sent into school, however this year we are unable to do this due to Covid restrictions. Alternatively, please:**

1. Email a photo of the contents of your child's box to the school office for your child to share with us and discuss using the interactive white board.
2. Send the family Photo (from the box) into school in your child's book bag on Tuesday. This will be quarantined unit its use. Please send in a photo that you do not wish to be returned as the children will be gluing it to a frame that they make and sticking it up in our role play area.

### Maths development

- Encourage your child to count the correct number of beads onto numbered pipe cleaners. You could also use pasta and spaghetti or anything you have around the house.



### Watch and sing the following songs together!

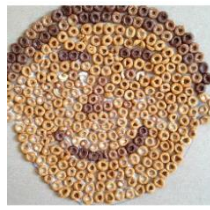
- <https://www.bbc.co.uk/cbeebies/curations/nursery-rhymes>

T **Literacy**

- Ask your child to choose and draw at least one item from their 'All About Me' box. Encourage your child to think about the shapes and features of the item they have chosen before drawing. See if your child can identify any sounds in their chosen item for example 'b' for 'book'. Scribe next to your child's drawing why they have chosen that item for their box.

**Creative and Physical Development**

- Get creative in making your own self portrait, you could use natural items, cereal, buttons, wool or anything you can think of.



**Maths**

- Practise counting using objects around the house, whilst making lunch or hanging out the washing. If your child can count reliably identical objects such as spoons, then move on to counting objects that have slight difference in colour and shape, such as pencil crayons and books. Encourage your child to put the objects into a line so that they have a clear start and end point. Write numerals (0-10) on pieces of paper and ask your child to find that many objects from around the house. They can attempt to write these numerals themselves.

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**Maths**

- Remind your that we are learning all about ourselves. Encourage your child to count together our body parts. How many eyes, ears, legs, fingers etc do we have? Provide your child with a mirror to look at their face. Encourage the children to count the features 'Lets look at our faces what do we notice? 'Does everyone have two eyes?
- Explore Numberblocks with your child, a BBC television series which introduces concepts of number through animation and characters. <https://www.bbc.co.uk/cbeebies/shows/numberblocks>



**Personal, social and emotional**

- Have a discussion about how we all look different. Encourage your child to look at you and ask these questions, what is the same what is different? Is it okay to be different? What would it be like if we all looked the same? Share this video with your children to help aid the discussion. <https://www.bbc.co.uk/cbeebies/grownups/everyones-welcome>

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**Literacy**

- Read the story 'So Much' or it can be watched [here](#).
- As you read or watch the story encourage your child to guess who might be behind the door thinking of their families. Show the children pictures of different types of families. Encourage discussion who do you have in your family? Who lives with you? Is it okay to have different families? Provide opportunity for discussion as you go through the pictures and help children reach the conclusion that families can be different and that is okay.

**Physical development**

- Encourage your child to set themselves a challenge that they can practice to complete. For example, throwing and catching a ball, doing 10 star jumps in 10 seconds, hopping on one leg or even riding a bike.

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**Personal, social and emotional**

- Get out some photo albums or photographs of your child and the family enjoying different activities together. Encourage your child to tell you what they see and what they remember about this time in the photograph. Ask them how they remember feeling when this photograph was taken.

**Maths**

- Play counting games on Top Marks <https://www.topmarks.co.uk/maths-games/3-5-years/counting>

**Physical and creative**

- Support your children to draw and cut out each member of their family, children can then build their characters a house using any construction available. They may even want to use recycling to create a house.



**Creative**

- Children to create a photo frame for a family photo using different materials they can find around the house, and in the garden if you have one. When creating the frame encourage the children to discuss the way the different materials feel. Is it smooth or rough? Is it shiny or dull?

**Additional Resources**

[Phonics Play](#)- Click on Phase 1 Phonics activities for your child to practise and consolidate skills learnt during Nursery.

[IXL](#) Click on Maths, Reception. There are interactive games to play and guides for parents.

[The National Academy](#)-The Oak National Academy is a resource, created by the Government, which provides the equivalent of three hours of lessons a day for primary students. It provides daily English, Maths and Foundation lessons for Reception children.